

# **Connecticut Society of Eye Physicians**

## **Scientific CME Regional Meeting**

# June 9, 2023 - 8:00 am - 5:00 pm



Edward Lim, MD Moderator

## at The Aqua Turf Club 556 Mulberry Street, Plantsville, CT

Over 500 Ophthalmologists attending

## **Physicians Registration**



Vincent deLuise, MD Moderator



**Register Today** 

### CSEP Physician's Agenda Semi-Annual Education Program Friday June 9, 2023

This CSEP Meeting will focus on how Competency-Based Medical Education (CBME) can positively impact and improve patient care through better procedural skills training.

#### 8:00 Registration and Continental Breakfast - Vendor Expo

#### 8:30 Sickle Cell Retinopathy: Past Lessons, Future Directions

– Adrienne W. Scott, MD

Objectives: 1. To discuss epidemiology of sickle cell retinopathy 2. To describe evidence-based recommendations for treatment of sickle cell retinopathy 3. To discuss innovations in pharmacotherapeutic and systemic therapies in sickle cell disease

#### 9:00 How to Not Miss Infectious Uveitis

Yasha Modi, MD

Objectives:1. To improve creation of differential diagnosis in uveitis 2. To improve detection of infectious uveitis

#### 9:30 Glaucoma Overview – Restoring Sight – Celso Tello, MD

Objectives: 1. To review treatment options to prevent blindness 2. Review combined approaches to maintaining vision.

#### 10:00 Wellness Break - Refreshments in Vendor Hall

- 10:30 **Award-Winning Videos in Cataract Surgery** This presentation will show the audience three different successful videos that have been produced for the annual Film Festival of the ASCRS and ESCRS.
  - Robert Osher, MD

Objectives:: 1. To review the trail of detective work when attempting to identify the cause of an unusual ophthalmic finding. 2. To demonstrate the spectrum of complications that may occur with ophthalmic anesthesia.

#### 11:30 Neuro- ophthalmology – Life Saving Lessons

– Jeff G. Odel, MD

Objectives: To review some of the life and sight threatening conditions in neuro ophthalmology

12:00 Wellness Lunch - Terry Walters, Author of "Nourish"

#### 12:30 Caring, Giving, Healing

 Michael F. Meyers, MD Author of "Why Physicians Die by Suicide:Lessons Learned from their Families and Others who Cared."

#### 1:15 Physician Burnout, Depression and Suicide Risk

– Phoebe J. Leith, MD Ketamine/TRD/SI Objectives: 1. To characterize the key aspects and causes of physician burnout 2. To understand the incidence of suicide among physicians and potential risk factors/interventions

#### 1:45 Pediatric Retina: What Kids Have Taught Me – David Parke Lecture

– Anne B. Fulton, MD

Objectives:1. Learn key milestones in visual and retinal development 2. Learn approach to evaluating a child's retinal fuction

#### 2:20 Wellness Break – Stretch with Vendors

#### 2:50 Retina Case Presentation Panel - Moderators: Drs. Adelman, Walter

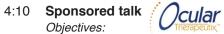
Panelists: Drs. Modi and Scott

Objectives: 1. To present cases of retinal tears, detachment and disease with treatment plans, complication management and optimal outc1omes 2. The featured panelists, along with moderators Ron Adelman, MD and Scott Walters, MD will have an in-depth discussion on case Management of Retina cases, focusing on how best to achieve optimal outcomes.

## 3:10 Lessons in Pediatric Cataract Surgery – My Best Tips for Successful Outcomes

– Deborah K. VanderVeen

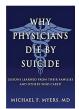
Objectives: 1. Understand basic differences in surgical management of pediatric (vs adult) cataract patients 2. List pre-operative, surgical, and/or post-operative techniques that can improve outcomes



#### 4:55 CME Certificates & Door Prizes - Vendor Hall

The Connecticut Society of Eye Physicians designates this educational activity for a maximum of 6.5 AMA PRA Category I Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Connecticut Society of Eye Physicians is accredited by the Connecticut State Medical Society to sponsor continuing medical education for physicians.





### Speakers'Bios



#### ANNE B. FULTON, MD

Dr. Fulton has a longstanding interest in retinal and visual development and the effects of disease on the retina of pediatric patients. Her time is divided approximately 50-50 between clinical practice and research supported by decades of NIH-NEI support and reported in numerous peer reviewed publication. Current studies are designed to understand and better manage patients with a history of ROP. Approximately half of her patients have inherited retinal degenerations (IRDs); their diagnosis and monitoring depends on assessments using procedures and information discovered in the retinal research studies. Important clinical collaborations with extramural experts in molecular genetic diagnosis and clinical trials with novel interventions for the IRDs continue.



#### PHOEBE J LEITH, MD

Dr. Leith is board certified in anesthesiology (Stanford University Medical Center) and pediatrics (UCSF Benioff Children's Hospital), fellowship trained (Children's National Medical Center, DC) in pediatric anesthesiology/pain and taught at Yale School of Medicine with a dual appointment in pediatrics, anesthesiology and pediatric pain management for several years before going into private practice.

She has over 30 years of clinical medicine experience with adults and children inpatient and outpatient, pain management and palliative care. Her training and experience led her to begin a practice in the last ten years working to help patients recover from treatment resistant depression and suicidal ideation.

She is passionate about the need for organized, comprehensive supportive care for individuals who are at risk of burnout, depression and suicidal ideation. She discusses what we know about burnout, the controversies, and ultimately,

what we can do to help our friends, our families, our patients and ourselves.



#### Yasha Modi, MD

Dr. Yasha Modi is an associate professor of ophthalmology specializing in vitreoretinal surgery and uveitis. A former graduate of Yale School of Medicine, a resident at Bascom Palmer, and a VR fellow at the Cole Eye Institute, Dr. Modi has served on the faculty at NYU since 2016. His research interests focus on retinal imaging and its application to clinical practice. He spends considerable time educating residents and fellows at NYU and this is his greatest joy in academic medicine



#### MICHAEL F. MYERS, MD

Dr. Myers is a Professor of Clinical Psychiatry at SUNY Downstate Health Sciences University in Brooklyn, NY. He is a specialist in physician health – as a clinician "a doctors' doctor", researcher, writer, mentor, lecturer, and consultant. He is the author (or co-author) of nine books, most of which are about and for physicians and their families, including "Why Physicians Die by Suicide: Lessons Learned from Their Families and Others Who Cared." Dr Myers is a past president of the NYC Chapter of the American Foundation for Suicide Prevention, founded in 1987 by a small group of families affected by suicide loss and a team of researchers. A recipient of many national and international awards, he was honored with a Presidential Commendation from the American Psychiatric Association in 2022 for his clinical research, teaching, and advocacy in suicide. Dr Myers became a survivor of suicide loss at the age of 19 when his room-mate Bill, a fellow medical student, took his life.



#### JEFFREY G. ODEL, MD

Dr. Odel following a medical internship, did a pre-residency clinical Neuro-Ophthalmology fellowship at the Bascom Palmer Eye Institute of Miami, Florida with J. Lawton Smith, M.D. There he worked with Robert Daroff, M.D. and Joel Glaser, M.D. as well. Following this he did a Ophthalmology residency at the Mt. Sinai Hospital of New York City, where he was Chief Resident and glaucoma fellow for Steven M. Podos, M.D., At Mt. Sinai Hospital he attended the phenomenology rounds of Morris B. Bender, M.D for four years to increase his knowledge of Neurology. After Mt. Sinai Hospital he spent a year fellowship in Neuro-Ophthalmology at the Edward S. Harkness Eye Institute with Myles M. Behrens, M.D. He then worked at the Henry Ford Hospital of Detroit as Neuro-Ophthalmologist but kept his hand in glaucoma with work with H. Saul Sugar, M.D. In Detroit he helped organize the Michigan Neuro-Ophthalmology group. Since 1985 he has been doing Neuro-Ophthalmology at the Edward S. Harkness Eye Institute of Columbia University

Medical Center, where he has worked with Donald C. Hood, Ph. D. on multifocal electrophysiology of the eye and optical coherence tomography and was in practice with Myles M. Behens, M.D. for 27 years. In New York he helped organize the Great New York Ophthalmology Lecture Series, a collaborative effort of all the local Ophthalmology residencies. He has directed that program for over 20 years. Dr. Odel has trained about 20 fellows in Neuro-Ophthalmology and has guided over 100 medical students into careers in Ophthalmology. Jeff spent his childhood summers in Connecticut on the shores of Gardner Lake in Colchester.



#### ROBERT OSHER, MD

Dr. Osher has limited his practice to referral cataract surgery for over 40 years since completing his residency and multiple fellowships at the Bascom Palmer Eye Institute and Wills Eye Hospital. He joined his father in private practice in 1980 and built the Cincinnati Eye Institute into one of the largest practices in the United States. As Medical Director, he recruited more than 50 fellowship trained ophthalmologists and merged CEI with the residency at the University of Cincinnati College of Medicine where he continues to serve as Professor of Ophthalmology.

Dr. Osher introduced the Video Symposium as a new educational format in the early 1980's and about the same time founded the first Video Journal in Medicine for which he has served as the Editor for about 4 decades. The VJCRGS is donated quarterly as a free member benefit of nearly every cataract society in the world. The videos that he has produced have won more than 40 international awards at the ASCRS Film Festival and ESCRS Video Competition. Dr.

Osher also founded Cataract Surgery Telling It Like It Is!, one of the largest subspecialty meetings in ophthalmology. He has designed numerous instruments and devices for cataract surgery as well as developed many techniques for challenging cases and complication management. In addition to delivering more than 50 named lectures, he is the recipient of the Binkhorst Award and the Innovator's Award from ASCRS as well as the Kelman Award and the Lifetime Achievement Award from the American Academy of Ophthalmology.



#### ADRIENNE W. SCOTT, MD FASRS

Dr. Scott is an associate professor of ophthalmology at the Wilmer Eye Institute at the Johns Hopkins University School of Medicine. She completed her ophthalmology residency and vitreoretinal surgery fellowship training atthe Duke University Eye Center. Dr. Scott's clinical research focuses on vitreoretinal diseases, with an emphasis on sickle cell retinopathy and its relationship to systemic sickle cell disease, retinal imaging, and health disparities in eye care. She is the medical director of the Wilmer Bel Air satellite clinic and leads the Wilmer Eye InstituteDiversity Committee. Dr. Scott is the immediate past Wilmer Retina Fellowship training program director and serves on the Executive Board of the American Society of Retina Specialists as the Fellowship Director Section Chair. Dr. Scott was named tothe 2021 Power List of Most Influential Women in Ophthalmology and currently also serves as the JAMA Ophthalmology Equity, Diversity, and Inclusion Editor.



CELSO TELLO, MD



#### DEBORAH K. VANDERVEEN, MD

Dr. VanderVeen is a pediatric ophthalmologist at Boston Children's Hospital and actively care for children with medical and surgical problems such as strabismus, cataract, glaucoma, retinoblastoma, lacrimal disorders, and retinopathy of prematurity (ROP). While much of her practice is devoted to treatment of strabismus and amblyopia, her primary areas of clinical research are pediatric cataract and retinopathy of prematurity. She has been involved in several NIH/NEI sponsored multicenter trials, including the Infant Aphakia Treatment Study, the Supplemental Therapeutic Oxygen for Prethreshold Retinopathy of Prematurity (STOP-ROP), Early Treatment for Retinopathy of Prematurity (ETROP), Telemedicine Approaches to Evaluating Acute Phase ROP (eROP), Molecular Antecedents of Brain Damage in Premature Infants study, and the Trial of Bevacizumab Treatment for Severe Retinopathy of Prematurity. Dr. VanderVeen has been invited as a panelist or speaker for regional, national and international presentations, and have authored numerous

publications and text chapters.

#### **Financial Disclosures**

Speaker	Financial Interest Received
Anne B. Fulton, MD	None
Phoebe J. Leith, MD	None
Yasha Modi, MD	Alcon, Alimera, Allergan, Apellis, B&L, DORC, Iveric Bio, Genentech, Thea, Zeiss - <i>Consultant/Advisory Board</i>
Michael F. Meyers, MD	None
Jeffrey G. Odel, MD	None
Robert Osher, MD	Bauch & Lomb, Zeiss, MST - Consultant
Adrienne W. Scott, MD	None
Celso Tello, MD	ТВА
Deborah VanderVeen, MD	None



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<b>Annual Education Program</b>			
Friday, June 9, 2023			
The Aqua Turf Club			
556 Mulberry Street, Plantsville, CT			
<b>CSEP</b> Physician Program Registration Form			
(ophthalmologists only)			
Fax to 860-496-1830 or Email debbieosborn36@yahoo.com			

### Please make the following reservations:

- # CSEP members at **\$120.00 pre-registered**, *After May 15, 2023 \$155.00*
- #\_\_\_\_\_ MA, RI, NY, NJ ophthalmologists who are members of their state society or AAO at \$120.00 pre-registered, After May 15, 2023 \$140.00
- #\_\_\_\_\_ Non-CSEP ophthalmologists at \$200.00 pre-registered, \$230.00 After May 15, 2023 \$220.00
- #\_\_\_\_ Residents (all states) Complimentary

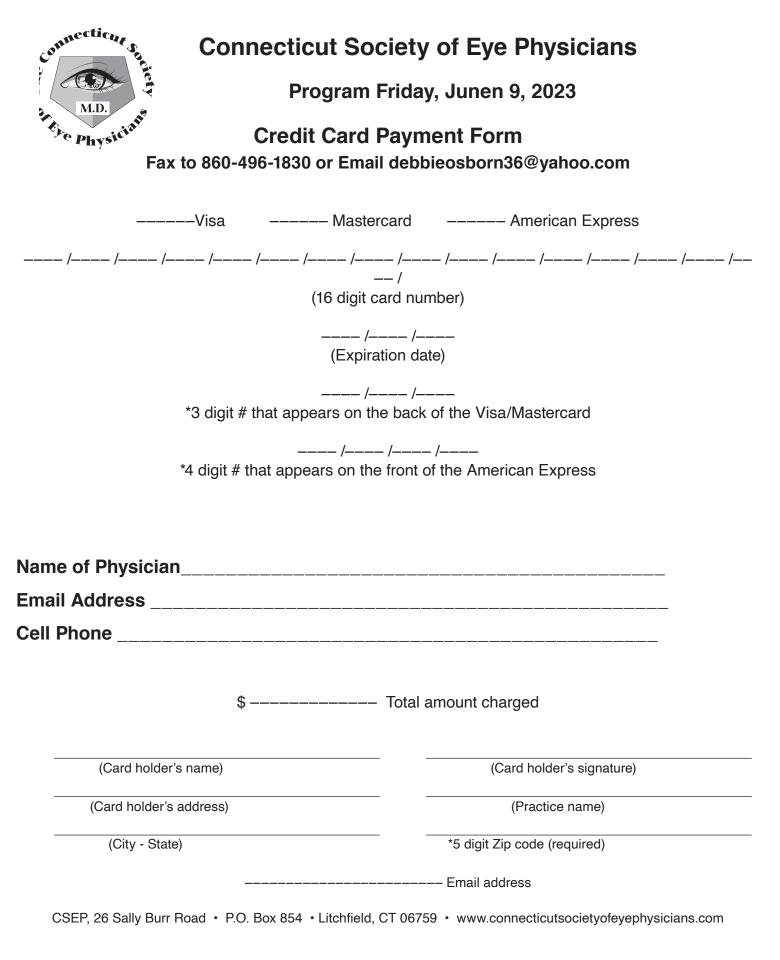
\*Note: Per direction of the Executive Committee, attendance at CSEP sponsored educational physician meetings is limited to physicians, or out of state physicians who are members of their state society, and ophthalmology residents and fellows.

(Note: Do NOT use this form to register for the separate meetings for ophthalmic management or ophthalmic technicians).

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The Connecticut Society of Eye Physicians designates this educational afternoon activity for a maximum of 6.5 AMA PRA Category I Credit(s)<sup>™</sup>.

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